



Physiological pain management



Promotes joint functionality
Counters localised states of tension*



Food supplement with Devil's claw, Boswellia, Bromelain, Manganese



Lenisil is a product designed to work on the various components that characterise pain, through a **unique FAST + RETARD controlled-release formulation**

A comprehensive formulation containing:

- **Boswellia***: indicated to counter localised states of joint tension and to favour normal joint function. Also helps the functionality of the digestive system
- **Devil's claw**: the key active principle found in the plant, Devil's Claw is well known for its pain-relieving and anti-inflammatory properties, thus the extract is indicated for arthritis and other rheumatological ailments, as well as for pain caused by trauma
- **Bromelain**: helps to preserve the natural defences of the body and is a useful food supplement in all those conditions where there is an overproduction of phlogogenic substances: inflammatory, traumatic and painful processes affecting the musculoskeletal system or other body districts, such as the respiratory and urogenital systems, for instance
- **Manganese**: contributes to the normal formation of connective tissue and to the maintenance of normal bone structure



Physiological pain management

Description

Inflammation and pain in the joints are very common ailments. In addition to pharmacological therapies, taking food supplements for joint pain can help. These food supplements are often based on natural substances, which improve joint mobility and flexibility and help to reduce pain and inflammation. Lenisil is a product designed to work on the various components that characterise pain and is based on a unique FAST + RETARD controlled-release formulation.

A comprehensive formulation containing

Boswellia: *Boswellia Serrata* (Salai Guggul) is a tree native to western and central China. Upon tapping the tree, a gum-oleoresin can be extracted which has been used since ancient times for medicinal purposes. Boswellic acid is the active principle of *Boswellia* and has been shown to possess anti-inflammatory properties. Today, the resin extract is thoroughly investigated for its promising properties. In fact, it is indicated to counter localised states of joint tension and to favour normal joint function. It also helps the functionality of the digestive system.

Devil's Claw (*Harpagophytum procumbens*): it is a plant broadly used in folk medicine in South Africa. The name is derived from the herb's unusual fruit, which seem to be covered with numerous small hooks, hence the name "claw". The parts of the plant that are used - claimed to have pharmacological properties - are the secondary root tubers, which contain harpagoside, the most important active principle found in the plant. Devil's Claw is well known for its pain-relieving and anti-inflammatory properties, thus the extract is indicated for arthritis and other rheumatological ailments, as well as for pain caused by trauma. The pain-relieving and anti-inflammatory properties of Devil's Claw have been confirmed by numerous studies carried out in vitro, as well as on rodents and humans.

Bromelain: it is a proteolytic enzyme found in the extract of the stem and immature fruits of pineapple (*Ananas comosus*). It has anti-oedema, anti-inflammatory, antithrombotic and fibrinolytic properties, useful to

treat inflammatory states, especially if associated with the presence of oedema. Bromelain helps to preserve the natural defences of the body and is a useful food supplement in all those conditions where there is an overproduction of proinflammatory substances: inflammatory, traumatic and painful processes affecting the musculoskeletal system or other body districts, such as the respiratory and urogenital systems, for instance.

Manganese: it contributes to the normal formation of connective tissue and to the maintenance of normal bone structure.

Composition

Bulking agents: cellulose, dicalcium phosphate, hydroxypropylmethylcellulose, cross-linked sodium carboxymethylcellulose; *Boswellia* (*Boswellia serrata* Roxb. ex Colebr., gum-resin) dry extract titrated 65% in boswellic acids; Devil's claw (*Harpagophytum procumbens* (Burch.) DC., root) dry extract titrated 20% in harpagosides; Bromelain 2500 GDU/g from stem of *Ananas comosus* (L.) Merr.; anti-caking agents: silicon dioxide, magnesium salts of fatty acids; dye: iron oxides and iron hydroxides; Manganese gluconate.

Package and size

Box containing 20 tablets of 1g each. Net weight: 20g.

Warnings

Seek medical advice for use in pregnant and breastfeeding women and children. Do not exceed the recommended daily dose. Keep out of the reach of children under three years. Supplements are not intended as a substitute for a varied and balanced diet and a healthy lifestyle.

Storage

Store at room temperature, away from direct sources of heat, light and humidity. The expiry date refers to the product properly stored, in its unopened package.

How to use: Take 1 or 2 tablets a day on a full stomach.

Average content

| Components | Per 1 tablet | Per 2 tablets* |
|--|---------------------|--------------------|
| Boswellia serrata d.e. of which boswellic acids | 153,85 mg 100 mg | 307,7 mg 200 mg |
| Devil's claw d.e. of which harpagosides | 60 mg 12 mg | 120 mg 24 mg |
| Bromelain 2500 GDU/g | 40 mg | 80 mg |
| Manganese | 1 mg (50% NRV**) | 2 mg (100% NRV**) |

* maximum daily dose

** NRV: Nutrient reference value pursuant to EU Reg. No. 1169/2011